



Physical Education Policy

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Ratified by the Governors:
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PHYSICAL EDUCATION POLICY

CONTENTS

- 1. SUBJECT STATEMENT**
- 2. TEACHING AND LEARNING**
- 3. EQUAL OPPORTUNITIES**
- 4. INCLUSION**
- 5. ASSESSMENT**
- 5. THE ROLE OF THE SUBJECT LEADER**

1. SUBJECT STATEMENT

Intent

Our school aim is to encourage children to think for themselves; guide them towards acting in the best interests of us all. We try to ensure that every area of our school's curriculum helps to achieve this aim, including PE.

Physical Education at George Tomlinson enables all children to develop and apply physical and creative skills alongside a knowledge and understanding of health and fitness to achieve personal progress and personal best. Children will develop their agility, balance, coordination and the fundamental movement and sports skills as well as healthy competition and cooperative learning to lead a healthier and active lifestyle. They will also have the opportunity to achieve and have fun!

This policy supports our whole school priority to: *'Ensure our ambitious curriculum offers a breadth and depth of knowledge, experience and skills to inspire a love of learning in all'*.

Our PE Curriculum will provide all children with:

- Two hours of high quality core physical education each week during curriculum time;
- An opportunity to attend extra-curricular clubs each half term
- Swimming lessons in year 4 and 5
- The knowledge and understanding to lead an active healthier lifestyle
- The opportunity to regularly compete in intra-school competition.
- The opportunity to lead and coach at sporting events within George Tomlinson
- A well rounded skill set; Social, physical, creative, personal, health and fitness and cognitive
- Creating clear, shared learning journeys
- Providing quality personalised opportunities
- Shifting responsibility towards the learner
- The physical literacy, emotional and thinking skills to achieve in PE, Sport and life

It will provide some children with:

- The opportunity to compete in inter-school competition
- Participation in a Young Sports Leader programme
- The opportunity to act as Sports Ambassadors leading and organizing competitions and mini sports events
- Access to gifted and talented clubs and programmes in the local area
- Access to targeted clubs like 'This Girl Can' a club designed only for girls
- The opportunity to attend a sporting residential

Implementation

At George Tomlinson we follow a curriculum framework that is based on REAL PE. The sessions are delivered to build and develop their basic skill set; agility, balance and coordination leading onto understanding and adapting these skills into the core topics/sports. Children are encouraged to self-challenge and to find ways to push themselves and progress in new tasks.

The PE curriculum is split into categories across the 3 terms;

Autumn- Invasion Games (basketball, football, Netball)

Net and wall games (Tennis, badminton)

Gymnastics (Floor, apparatus and sequences)

FUNS activities / Agility, Balance and Coordination

Spring- Invasion games (Handball, Tag Rugby and Hockey)

Fitness/Aerobic

Dance

FUNS activities /Agility, Balance and Coordination

Summer- Bat and Ball games (Cricket/Rounder's)

Athletics (Track & field)

Net and wall games (volleyball)

FUNS activities /Agility, Balance and Coordination

Impact - PE Premium 2019-2020

This extra funding is being allocated directly to primary schools from the government.

The purpose of the funding is to:

- raise teachers' skills in teaching PE;
- involve qualified sports coaches in PE lessons;
- improve PE and sports resources in schools;
- run sports competitions and increase participation in Schools Games;
- support and involve the least active children in sports and holiday clubs.

For 2019-2020 George Tomlinson will receive in the region of £21,400 in additional PE Premium funding.

The school already allocates funds for specialist PE staff and coaches, swimming lessons. As well as the above, additional funding from the PE premium has already or will be spent in the following ways:

Item	Cost	Objective	Outcome
Continuing with specialist PE staff	£4,000	To work alongside class teachers to develop the confidence, enthusiasm and ability to teach PE. To train and provide support teachers in PE. To review and assess the standard of teaching of PE in the school. To provide opportunities for all children to access and to participate in sports, both for enjoyment and competitively. To train and monitor the use of lunchtime	Raising the standard of teaching and learning in PE through modelling lessons, team teaching and lesson observation. Liaising and discussion with children/school council/sports' leaders for feedback regarding PE and Sports within the school. Liaising and discussion with members of staff for feedback regarding PE and Sports within the school.

		<p>supervisors to engage all children (whole school) in physical activities and games. Focussed teaching specific sports/games. Extra-curricular activities</p>	<p>Monitoring the participating of children in clubs and competitions/events.</p> <p>Enhanced learning and greater participation in extra-curricular activities. Targeted children – Able and least active.</p>
<p>Membership to the Waltham Forest Schools Sport Network (WFSSN)</p>	<p>£1500</p>	<p><i>Continuation of last year as per the positive impact of this funding.</i></p> <p>To receive necessary support and relevant training from the Borough School Games Organisers (SGOs') through termly meetings.</p> <p>Access to the Waltham Forest Schools Sport Network (WFSSN) website.</p> <p>Young Ambassadors Training.</p> <p>Youth Sports Trust membership.</p> <p>Support in completing the annual Sainsbury School Games Kitemark</p> <p>Access to Create Development training (payment in addition).</p> <p>Other CPD opportunities – Physical Literacy and Numeracy.</p>	<p>Sainsbury School Games award.</p> <p>Attendance at competitions and events.</p> <p>Appointment of sports leaders/ambassadors.</p> <p>Overview and adjustments of the PE and Sports curriculum, based on feedback from children and teachers and lesson observations</p>

Continuing Professional Development Courses	£500	To continue to access and disseminate the Create Development, REAL PE training course.	Dissemination of good practice and scheme of work through modelling and team teaching with all teachers – feedback on success and areas for improvement.
Payment for resources to host intra and inter school activities and competitions.	£500	To develop a competitive environment within the school. To encourage all children throughout the school to take part in fun, competitive events. To use and develop Young Sports Leaders/ambassadors to host and organise intra and inter school activities. To build a network of local primary schools for interschool competitions.	Football trials and training. Basketball trials and training. Cricket training and trials. Trials for selected school games competitions. Teachers to select participants to reward positive behaviour and values. Participation in a variety of competitions in line with the school games. Inter-school competitions. Sharing competition results during assemblies and noticeboards with children and staff, as well as sharing it in the newsletter, GTTV and social media.
To help pay for staff to run before/after school clubs, attend events/competitions, and training for midday staff.	£1,500	To encourage all children to take pride in representing their school in a sporting context. To target and encourage children to use sports and games to improve their	Assemblies and noticeboards of events, competitions and clubs within the school and GTTV. Focus groups engaged in specific sports (football) to encourage positive behaviour, and

		<p>behaviour and attitude to learning.</p> <p>To promote health and fitness through attending Athletics Club/cross country.</p> <p>To engage all children to attend clubs</p> <p>To train and develop lunchtime play and activities.</p>	<p>enabling them to represent the school.</p> <p>Participants in the various clubs – both internally organised and externally organised.</p> <p>Registers of all of the clubs.</p> <p>Feedback from children and members of staff.</p> <p>Links to external clubs.</p>
Purchase of PE equipment and resources.	£400	<p>To engage all children in a wider variety of physical education, games and PE.</p> <p>To purchase additional resources to support lunchtime club and activities.</p> <p>Activate resources for indoor games, PE and activities.</p> <p>To purchase equipment – this will allow children to train for competitions.</p> <p>To purchase, and with the support of sponsors, sports' kits for the teams within the school</p>	<p>Feedback from children and through observations of PE lessons.</p> <p>Feedback from members of staff and through observations of PE lessons.</p> <p>Entries into different competitions and events.</p> <p>New kits for children to wear.</p>
External sports staff to deliver clubs	£3,000	<p>To offer a wider variety of clubs using external coaches.</p> <p>Give more children the option to attend</p>	<p>Giving all the children the opportunity to reach the recommended time of an hour a day of physical activity.</p>

<p>Commando Joes</p>		<p>and to take part in by having more clubs running each week. Currently we have 18 clubs per week running.</p> <p>School led Primary programme is progressive from Early Years phase through to Year 6 and preparing children and young people during the important transition phase to secondary school. The resources help create a smooth transition process which is based on children's academic and pastoral needs. The programme compliments the core curriculum teaching time and supports lessons. Also, we will use it for before, during and after school, alongside supporting holiday clubs and transition camps, the programme will contribute to cultural, physical, spiritual, moral and social wellbeing and play a part in extending each child's understanding of British values.</p>	<p>The opportunity for the children to develop and expand their skills and development.</p> <p>Giving the children to compete and take part in friendly competition with other schools in the Borough.</p> <p>Building the confidence of primary school children before they leave is of utmost importance: children with high self-esteem are better able to make difficult decisions under peer pressure, approach adults for support, and be self-sufficient in their learning. The programme develops this resilience through many activities, being part of the team, performing challenges or having a leadership role. Activities in class and homework projects that need to be completed independently can help prepare children for the new world of homework timetables. They</p>
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			develop their sense of adventure and increase their self-sufficiency by taking part in new and unfamiliar activities. These transferable skills will stand them in good stead as they move off into the unfamiliar world of secondary education.
Sporting enrichments for SEN	£500	Give every child the opportunity to experience and take part in friendly competition within GT and outside.	SEN children to become more involved in sport.
Gifted & Talented Rewards/days out	£500	Ensuring that G & T pupils are challenged and continue to strive in their sporting development.	G & T continue to develop in sport giving the opportunities to experience a wider range of sports in competitive and friendly competition.
Upgrading the sports studio	£9,000	To create a room specifically for indoor sports. The studio will have mirrors and a built in sound system for dance, new flooring with markings for various sports, lighting to be replaced so they do not interfere when playing sports, partition to block off the computers and cupboards for health and safety.	This will make the studio a high quality games/sports area which will give GT pupils an indoor sports space to help develop their all-round skill set. GT will also have the opportunity to open this space up to the local community.
Total;	£21,400		

Increasing sporting opportunities and participation in sports clubs

There is evidence of a 36% increase of participation in extra-curricular sports clubs from September 2018- September 2019. We now have a wider variety of clubs on offer every day, before, after school and lunchtimes. EVERY child has the opportunity to attend extra-curricular clubs. We offer a variety of clubs for all ages and run clubs for gifted and talented, targeted groups and a Change 4 Life club. The uptake of the sports clubs is extremely high and has waiting lists for the next half term. The enthusiasm of the children when taking part in clubs, Inter school and Intra school competitions is huge. Host sports competitions with other schools in the Borough.

Professional Learning

Our Specialist PE staff and coordinators participate in focussed training days as part of the Schools Sport Network and the Youth Sports Trust. These enhance their skills, knowledge and understanding of PE/sports, competitions and leading a healthy lifestyle. Further participation in professional developmental courses such as Create Development, realPE, Bupa Start to Move, Matalan and Athletics has been highly beneficial. This staff training is helping children to become more assertive and aware of their physical capabilities, their strengths and weaknesses. They can identify how to improve on their personal best and are taking positive steps towards coaching their peers on developing one another's skills.

Equipment

Specialist equipment has been purchased to enhance PE/sports lessons throughout the school. This aims to provide the children with new opportunities to try out a range of activities and to learn and develop new skills – the popularity of the table tennis club and the rapid progress in the skills on display show what impact new equipment can have. Also the MUGA is highly popular with all children at George Tomlinson.

Community Links

We have links with clubs in the Borough to help guide and show pathways for talented children to develop and excel in their potential.

Change4Life Club

Inactive children and non-participants have been targeted to join Change4life clubs during lunchtimes with fun and focussed activities with the support and enthusiasm of our Sports prefects and captains.

Additional expenditure

In addition to the above, the school has planned for further expenditure on the following:
Mini bus hire- To take the children out of school to competitions and events with ease.
Change4Life activities and community workshops – to develop a greater understanding of healthy lifestyles

Swimming Achievements 2018-2019

Pupils at George Tomlinson have scheduled swimming lessons each week in addition to PE. Year 5 pupils have lessons weekly up until the summer term where this changes to year 4. They attend lessons at a local pool for the year and are taught by the instructors at the pool.

The table below shows the number of pupils in Year 4 and Year 5 who have achieved the target of confidently swimming 25 metres and the number of those who have exceeded this target. It also shows the number of pupils who can confidently use a range of swimming strokes and those who can perform safe self-rescue in a range of water-based situations.

<u>Year group</u>	<u>Pupils able to swim 25 metres</u>	<u>Pupils able to swim more than 25 metres</u>	<u>Pupils able to use a range of strokes</u>	<u>Pupils able to perform safe self-rescue</u>
<u>Year 4</u> 63 pupils	28	23	26	2
<u>Year 5</u> 68 pupils	61	49	56	21

3. EQUAL OPPORTUNITIES

All children have equal opportunities to reach their full potential across the PE curriculum, regardless of their race, gender, cultural background, and ability, or of any physical or sensory disability.

4. INCLUSION

English as an additional language (EAL)

Children who are new to English are assessed and support is put in place to help them with their learning in Physical Education. Where children are identified as needing additional support the school offers support using the TA available for that session, Sports team and peer support from other members of the year group. As PE is delivered physically it is often a matter of time before any EAL pupils understand and pick up the task shown.

SEND

Some children experience learning difficulties which affects their progress in Physical Education. The sports team inform the SENCO and Inclusion Manager if they are concerned that a child may have underlying learning difficulties. The child is observed and assessed, sometimes by outside agencies and support is put in place (see SEND Policy). See above for the list of interventions the school offers. Despite any needs it is the sports team's role to adapt PE sessions to fit and develop Every child within George Tomlinson. SEND pupils are given the opportunity to attend external sports festivals and competitions along with enrichment opportunities developing the whole child.

5. ASSESSMENT

Learning targets will be set out at the beginning of every topic based on the core aspects of the sport. Each child is made aware of their current level and their aim for the end of the topic. This data is collected so we can track the progress of each child.

6. THE ROLE OF THE SUBJECT LEADER

The role of the subject leader for Physical Education is to;

Actively support the vision and values of George Tomlinson, the post holder will provide professional leadership and management for PE, ensuring the department delivers high quality teaching, effectively using the resources available and aiming to raise standards of learning and achievement for all students. Key Responsibilities Strategic Direction and Development of PE. Develop and implement policies and practices for PE which reflect the school's commitment to high achievement, whereby students are inspired to reach their potential and staff aspire to continuously develop and raise standards, setting stretching targets for students and staff. Work with the SLT and the department to establish a clear, shared understanding of the importance of high quality teaching of PE that engages students and enables them to achieve.

Some key duties that the PE subject leader should undertake over the course of the year include:

- Ensure teaching and learning in PE is of a consistently high standard and that best practice is shared across the school
- Ensure all children are given the opportunity to take part in competitive sport regardless of their ability
- Ensure all children understand the importance of PE and the impact it has on their Physical, mental, personal and social development.