



Place2Be is a national charity providing emotional support and working towards mental wellbeing of pupils, school staff, families and the whole school community.

Place2Be offers a flexible menu of services, tailored to meet schools' needs. Place2Be is in George Tomlinson primary school on **Tuesdays** and **Wednesdays** offering One to One therapeutic counselling sessions, short lunchtime self-referral sessions, group work, staff support, parent support and general advice on emotional and mental wellbeing.

Our weekly one-to-one sessions provide support to children who have a sustained need for more intense work. Trained counsellors tailor sessions according to each child's needs, in an age-appropriate way.

Lunchtime self-referral service 'Place2Talk' - Place2Be's lunchtime service is a quiet place to talk during the busy school day. It has a permanent presence in schools and is open to all pupils through self-referral.

Message from 'Yas' (School Project Manager) – Please contact me via school office on Tuesdays/ Wednesdays or **email at: yasira.bashir@place2be.org.uk**

Parent Support Sessions available on Tuesdays – 3:15 till 4:15 pm

Staff Support Sessions available on Wednesdays – 3:30 till 4:30 pm

Please email me at yasira.bashir@place2be.org.uk for booking sessions – Thanks