

11th September 2017

Dear Parent / Carers,

Year 5 Swimming

Every Friday afternoon, as part of the P.E. curriculum, the children in year 5 will be participating in weekly swimming lessons at Leytonstone Leisure Centre (formerly Cathall Leisure Centre). The lessons will be led by qualified swimming instructors employed by the centre and will begin on **Friday 15th September.**

Each child should bring:

- A swimming hat
- A towel
- Girls – swimming costume (no bikinis). Leg swimsuits can be worn by girls who wish to cover their legs; this should be an all-in-one suit, preferably.
- Boys – above the knee swimming trunks (not football shorts).

The children will walk to Leytonstone Leisure Centre and will return to school for home time.

Swimming will be as follows:

Class	Depart School	Swim time	Arrive back
Malala	11:00	11:30 – 12:00	12:30
Gandhi	1:00	1:30 – 2:00	2:30
Obama	1:30	2:00 – 2:30	3:00

The children are encouraged to bring in a water bottle and a healthy snack (e.g. fresh or dried fruit or vegetables). If your child is asthmatic, please ensure that they have their inhaler with them for every swimming session.

If you feel that your child is not well enough to attend a swimming lesson, send in a letter for the attention of their class teacher.

If you have any further queries or questions, please contact the class teacher.

Yours sincerely,

Ms Kaur, Ms Wiley, Ms Shah & Mr Singh
(Year 5 teachers)

