

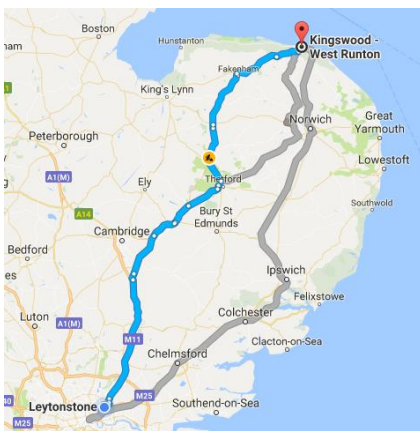
Kingswood 2017 – Need to know information

Dear Parents & Carers,

The Kingswood Residential trip is fast approaching! Here is all of the information that you need ahead of the trip:

Location

The Kingswood packs previously given out to parents stated that the location would be Grosvenor Hall, Ashford. This information was sent to us in error, the Kingswood Centre have apologised for the mix up. The actual location will be West Runton in Cromer.



Kingswood Centre
Cromer Rd
West Runton,
Cromer
NR27 9NF

Trip Organisation

There are 48 children attending the residential. Six members of George Tomlinson Staff will be accompanying the children: Ms Carter, Ms. Wiley, Miss Kaur, Miss Chambers, Mr. Singh and Mr. McNamee

Leaving and Returning

Leaving Wednesday 7th June

Coach leaving George Tomlinson at 10:30am

Arriving at Kingswood Centre at 2:30pm

Returning Friday 9th June

Departing from Kingswood Centre at 1pm

Arriving at George Tomlinson at 5pm

Contact & Medical Form

Please complete the contact letter and return it to the school office by Thursday 25th May. This gives us up to date information about how to contact you and about any dietary and medical needs your child may have.

Coach snacks and lunch arrangements

The coach will stop half way through the journey for a 30min break, please provide your child with a packed lunch. The children can eat on the coach however **no** fizzy drinks, sticky foods, sweets, chocolates or nuts are allowed.

Kit List

This kit list will help you with your planning and packing. Please make sure that your child has several long sleeved T shirts and pairs of long socks (above the ankle). These are useful as they help to prevent bumps and scrapes.

Mobile phones will not be allowed as well as PSP, DS or any other expensive electrical goods as we cannot guarantee their safety. If your child would like to take photographs, they can bring a disposable camera.

Kit bags

Please ensure that your child has just one suitcase / bag. A bag / suitcase on wheels would be useful, as the children have to take their bags from the coach to their rooms.

Please insist that they do their own packing at home as they need to be aware of all the items that have been packed. Please ensure that all clothes are labelled.

Bedding

All bedding will be provided, so there is no need for sleeping bags or pillows – children are expected to make their beds on arrival.

Medication

If you indicate your child needs medication, we will provide you with a form for administering medication to complete.

On the day of the trip please ensure that all medication is labelled with your child's name and the dosage that must be administered. This should be handed to the identified leader who will keep it safe and ensure that it is administered safely.

Pocket Money

At your discretion, your child can bring a maximum of 5 pounds pocket money (there really is little to buy). This must be in a purse or wallet, clearly labelled with their name and the amount, which should be handed to the identified member of staff on the morning of departure. It will be kept safe until the children need it.

Contact with Parents and Carers

We will text all parents when we arrive safely to Kingswood and will send a daily message to you updating you on the events of the day. We will also be updating our Instagram account daily with pictures so that you can see what your child is doing – add us as **gtprimary**

Schedule of activities

Wednesday	1		2		3		4		5		6		7		8		Evening	
	Session	Lines	Session	Lines	Session	Lines	Session	Lines	Session	Lines	Session	Lines	Session	Lines	Session	Lines	Session	Lines
	9:30 - 10:40		10:50 - 12:00		12:05 - 13:15		13:15 - 14:25		14:30 - 15:40		15:50 - 17:00		17:05 - 18:15		18:15 - 19:25		19:45 - 21:00	
									Arrive		Team Time		Dinner		E1 Side By Side F1 Nightline G1 Laser H1 Aeroball		Campfire	

Thursday	1		2		3		4		5		6		7		8		Evening	
	Session	Lines	Session	Lines	Session	Lines	Session	Lines	Session	Lines	Session	Lines	Session	Lines	Session	Lines	Session	Lines
	9:30 - 10:40		10:50 - 12:00		12:05 - 13:15		13:15 - 14:25		14:30 - 15:40		15:50 - 17:00		17:05 - 18:15		18:15 - 19:25		19:45 - 21:00	

Friday	1		2		3		4		5		6		7		8		Evening	
	Session	Lines	Session	Lines	Session	Lines	Session	Lines	Session	Lines	Session	Lines	Session	Lines	Session	Lines	Session	Lines
	9:30 - 10:40		10:50 - 12:00		12:05 - 13:15		13:15 - 14:25		14:30 - 15:40		15:50 - 17:00		17:05 - 18:15		18:15 - 19:25		19:45 - 21:00	

Kingswood Kit list 2017

Please ensure that all kit is packed into a small suitcase, preferably with wheels, as your child will have to take it a short distance from the coach to the cabins. They can also take one item of hand luggage (rucksack) for the journey. It is important that your child is involved in organising his / her personal equipment so that he / she knows exactly what has been packed and is therefore able to claim any 'misplaced' items. **Labelling your children's clothes will really help.** Extra black bin liners are useful for dirty, used clothes.

Packed at home	Packing List	Packed at Kingswood
	Night clothes	
	Several changes of underwear,	
	Lots of pairs of long socks; ankles must be covered for most activities	
	3 tracksuit style trouser / leggings for activities (NOT JEANS)	
	2 pairs of trainers (One old pair)	
	Pair of dry shoes / trainers for evening activities	
	Wellington boots	
	Swimwear	
	Fleeces / sweatshirts (at least 2)	
	4 long sleeved T-shirts (for activities where arms need to be covered)	
	4 T-shirts	
	Warm waterproof jacket / anorak	
	1 or 2 sets of clothes for the evening activities	
	Small rucksack	
	2 towels for showering & swimming	
	Wash-bag (incl. soap, shampoo, toothbrush, toothpaste and deodorant – non-aerosol only) No hair-spray	
	Sun-cream and sun-hat	
	2 Black bin liners – one for dry dirty clothes LABEL THESE PLEASE	
	Plastic water bottle - labelled	
	Books / magazines / cards/ small games for the coach journey or quiet times in rooms	
	Money (no more than £5) in a wallet/ purse with your name on it– must be given to Ms. Wiley on the day of departure	
	Any required medication (incl. travel sickness pills if applicable) in a sealed bag marked clearly with your name.	
	Disposable camera (not digital) - labelled with your name	

OTHER IMPORTANT INFORMATION

- All bedding is provided, so no pillow or sleeping bag is needed.
- **Absolutely no** mobile phones/ music players / digital cameras/ computer game consoles / ipads/iPods/ MP3 players/tablets etc.
- No expensive or valuable items

Contact, Medical and Dietary Form

Please provide information of any contact persons that the school can call in case of an emergency. If your child has any medical conditions please give brief detail, a separate form will be given out on Friday for full details if medication is required.

Contact Persons

Name of contact 1:	Mobile tel: Home tel:
Name of contact 2:	Mobile tel: Home tel:
Name of contact 3:	Mobile tel: Home tel:

Dietary Information

Gluten Free Nut Allergy Dairy Allergy Halal Sea Food Allergy
 Egg Allergy No Pork Artificial Colouring Allergy Vegetarian

Medical Information

If your child suffers from any medical conditions, allergies, travel sickness or anything else that you'd like to staff to be aware of, please give details below. If medication is required, an additional form for administering medical will be given to you on Friday 26th May.
