



GT's PE and sport

Our aim is to provide fun, engaging in a variety of PE sessions and to deliver a wide range of extra-curricular sports clubs during lunchtime and after school. We run clubs for all; gifted and talented, targeted children and all ages. All sessions are based on the whole child; agility, balance, co-ordination, social, emotional, cognitive and physical skills. We continue to teach children the importance of a healthy life style and keeping active. We adapt each session to the children's ability and ensure every child is engaged and being challenged to the best of their ability. Our passion and love for sport helps each child strive to achieve their best.

George Tomlinson Primary School is a member of the Waltham Forest School Sport Network. Being members we are invited to participate in competitions outside of school in the Borough. The sports team will select children of all ages and abilities to train for, attend and compete in these events. Throughout the year there are a variety of sports delivered. Please see the calendar for up and coming events.

We also host a number of Intra School competitions within school. This gives the children a chance to compete against each other in a variety of sport skills and earn rewards for their class. It also gives all children a chance to compete as a team, working on their social, team and communication skills.

Achievements

- **School Games Kite mark- GOLD**
- **Winners of the Borough girls cricket competition, who then represented Waltham Forest at the Essex finals**
- **Boys and Girls football teams qualified for the Borough finals**
- **Rugby team qualified for the Borough quarter finals**
- **Winners of the Dodge ball match against St Joseph's Primary School**
- **12 pupil ambassadors trained to become GT leaders**
- **Winners of the local school football competition V'S Downsell Primary School and Davis Lane Primary School.**
- **Winners of the Tri-Golf Borough competition**
- **Attended 98% of the Borough events and competitions last school year.**

School Games Kitemark

George Tomlinson's sports department have been awarded a Gold School Games Kitemark for 2016-2017. The School Games Mark is a Government led awards scheme launched in 2012 to reward schools for their commitment to the development of competition across their school and into the community. The Mark is a retrospective award which will validate the schools success over the ongoing academic year.

Sports captains

We have 2 sports captains and 2 sports prefects who work alongside the sports team helping with the promotion of sport through the school. They work as the presenters of GTTV and help tidy and keep the PE equipment and cupboard in check. These captains also deliver any letters that need to go out and act as mini sports coaches.

Sports ambassadors

We have a School Sports Organiser Crew of 12 pupils who meet with us every fortnight to discuss any news ideas they may have, results from pupil surveys and to plan Intra School competitions. We are currently looking into developing their role in assisting reception PE i.e. helping the children change and working with the children who are less able, helping during phase 1 clubs. The ambassadors will also help deliver lead and coach a PE session once a month alongside this sports team. This will help develop their social, physical and leadership skills. This is also a great opportunity for them to act as good role models to the young children.

GTTV

GTTV is our weekly sports blog that is shown to the whole school during 'good work' assembly, posted on our website and twitter page. This sports blog is a great way to share and celebrate the amazing achievements our children make in sport and PE and to build the profile of sport. Our captains record GTTV weekly and it consists of;

- children and staff interviews
- video clips of competitions and events
- presentation of certificates and medals
- tips on how to keep an active and healthy lifestyle
- upcoming events
- general sports news

Street Dance and Cheerleading Squad

We have a street dance and cheerleading club running for year groups of the school. These dance clubs run during lunchtime and afterschool. The children learn

choreography over the weeks and on the final week before breaking up for half term they perform their dance in 'good work' assembly. Parents and carers are invited to watch and enjoy the uplifting performance. This is a great opportunity for the children to showcase their talents and we have seen significant improvements in children's confidence. GTTV and performances like these are a great way to end the week.

Sports clubs

During one week we have a wide variety of sports clubs being delivered and in total 15 clubs. Each half term the clubs will change and pupil surveys are carried out by our sports ambassadors to see what clubs the children would like. These sports clubs are open to the whole school and are extremely popular always being at full capacity. These clubs are aimed to develop the whole child and improve their basic skill set as well as their social skills.

- Breakfast club- Multi-sports
- Lunchtime clubs
- Afterschool clubs
- Change 4 Life is a targeted club to help promote a healthy and active lifestyle. This is also a good opportunity to get our sports ambassadors working and engaging with younger children and as role models.

Sports Stars and Swimmer of the Week

The sports team select 2 children from each phase as their sports stars of the week. This is for showing good team /sports skills, positive attitudes and being great role models in PE that week. The year 5 children attend swimming weekly and the swim instructor will also select a swimmer of the week. These winners are celebrated on good work assembly and are mentioned in the weekly newsletter.

Events / Competitions

Borough events 2017/2018:

Football league boys (qualification into Borough finals)

Football league girls (qualification into Borough finals)

Table Tennis yr 5 & 6

Sports hall athletics yr 5 & 6

Sports hall athletics yr 1 & 2

First steps netball yr 3 & 4

Rugby festival

Basketball yr 5 & 6

Girl's football festival yr 5 & 6

High 5 netball yr 5 & 6
 Sports hall athletics yr 3 & 4
 Girl's football finals
 Boy's football finals
 Hockey yr 5 & 6
 Elms football tournament yr 5 & 6
 Rugby yr 5 & 6
 Young ambassador training day
 Tri Golf yr 1 & 2
 Gymnastics yrs 1-6
 Kwik Cricket yr 5 & 6
 Euros football festival yr 3 & 4
 Mini orange tennis
 Quad kids athletics yr 1 & 2
 Tri Golf yr 5 & 6
 Beat the ball rounder's yr 1 & 2
 Value games (community school day) yr 5
 Value games (community school day) yr 2

Events organised by sports team/hosted;

Basketball
 Dodge ball
 Girl's football
 Boy's football
 Cricket phase 2



Girls- Essex FA football



George Tom V's Downsell Basketball



Links to local sports clubs outside of School:

Football

<http://www.footballexcelacademy.co.uk/what-we-do.php>

<http://www.leytonorient.com/club/lotrust/>

Netball

<https://englandnetball.co.uk/team/leyton/>

Art of Flow (Mixed Martial Arts) – Monday 8.30-10pm

Contact | Winston Reid | Winston.reid@walthamforest.gov.uk

BAKS Karate Club

Contact | Yoshi Shinokara: 0208 521 7791

Inspire Trampoline Academy – Wed 7-8pm, Fri 7-9pm and Sat 10.15am-12.15pm

Contact | 07955946886 / info@inspiretrampolineacademy.co.uk

Leyton College Badminton Club – Wednesday 8-10pm

Contact | Frances Rogers: 020 8555 6357

Meridian Gymnastics Club – Saturday 9am-12noon

Contact | Jim Howell: 07825 586238 / jim.howell@leyton.ac.uk

NLA Saints Basketball Club – Saturday Occasional

Contact | Stedroy Allen: stedroy@sky.com

Sapphire Netball Club – Tuesday 8.15-10pm

Contact | Elaine Francis: 07956 525855/ ve.francis@yahoo.co.uk

Shotocubs Karate

Contact | Liz Denton: info@karate-east.org.uk

Tang Soo Do Karate

Contact | Danny Griffiths: dannygriffithstsd@gmail.com

Contact – Charlie Collins; charliecollinsuka@hotmail.com

Waltham Forest Volleyball Club – Thursday 8-10pm

Contact | Jim Howell: 07825 586238 / jim.howell@leyton.ac.uk

Waltham Forest Junior Volleyball Club – Friday 4.30-6pm

Contact | Jim Howell: 07825 586238 / jim.howell@leyton.ac.uk

WO Sports (Youth Football /Multi-Sports) – Mon-Sat Various Times

Contact | Wale Ojelabi: 020 3287 3616 / info@wo-sports.co.uk

Youth Badminton Club – Friday 6.15-8pm

Contact | Jim Howell: 07825 586238 / jim.howell@leyton.ac.uk



George Tomlinson

HOLIDAY CLUB

At George Tomlinson we have been running our fantastic holiday club for over 5 years helping working parents through the breaks. During this time the holiday scheme has steadily increased in numbers.

Our aim is to ensure all children who attend have an action packed fun half term. We offer a wide variety of activities including a GT bake off, GT Master Chef, sports competitions, dance, arts, crafts and a variety show for parents and carers to attend.

There are also many opportunities to go outside on exciting adventures and trips!

Holiday club is open to Reception children to year 6 and we also offer the scheme to children outside of our school so bring along your friends!

Our holiday club is open throughout the school holidays and the first 3 weeks of the summer break.

The club runs from 8.30am - 3.30pm with the option of extended hours to 5.30pm.

Prices;

08.30 to 3.30 - (16 per day) (or £75 for a full week)

08.30 to 5.30 - (£24 per day) (or £115 for a full week)

When attending children must be provided with a packed lunch, snacks and juice for the day.

For more information or reservations please contact the school office.